



WHERE THE UPPER EAST SIDE AND EAST HARLEM MEET
 135 East 96th Street, New York, NY 10128
 212-289-0425

MARCH 29, 2020
FIFTH SUNDAY OF LENT

OFFICE HOURS

MON - WED
 9am - 8pm

THURS & FRI
 9am - 5pm

MASS TIMES

SATURDAYS
 5pm Vigil / 4:30 Confession

SUNDAYS
 9am / 11am / 12:30 Spanish

MON, TUES, THURS, FRI
 8:30am Mass

WEDNESDAYS
 Prayer Service with Eucharist 12pm

CHURCH HOURS

WEEKDAYS
 8am - 4pm

WEEKENDS
 8:30am - 4pm

OUR MISSION

Taking Jesus' message of loving service to heart, all are welcome in our vibrant, hopeful, diverse, Eucharistic Community where we break the bread and open the Word and discover God in our Midst.

NUESTRA MISIÓN

Tomando el mensaje de Jesús de servicio amoroso a corazón, todos son bienvenidos en nuestra Comunidad Eucarística vibrante, llena de esperanza, y diversa, donde partimos el Pan y abrimos la Palabra y descubrimos a Dios en medio de nosotros.

Jesus needed followers, too.

SFDSNYC.ORG



Download our app



Listen to our weekly podcast

THOSE IN OUR PRAYERS

LENTEN REFLECTION FOR SFDS WEEK FOUR

By Jayne Porcelli

Psalm 23 is probably the most well known psalm of all: 'The Lord is my shepherd, I shall not want.'

As we find ourselves living out a very strange, scary, unknown reality that is this Covid19 virus, how much do we need to hear and trust these precious words today?

Can we find a sense of peace and contentment as we hear these words?

Take a deep breath. Ponder for a moment how beloved you are by God. Think about your life. Is there really anything you truly need? Hasn't God given you all of your heart's desire?

Are we able to trust that God really is taking care of us, standing with us, in these days of uncertainty?

Perhaps our prayer this week is simply one of gratitude for how well God cares for us each day of our lives. May we look for ways to take care of one another.

SICK & DEPARTED

SICK

Pat Dietz, Jovina Ascencios, Pedro Carrero , Sr. Paul Theresa Henneese , George Gerardi, Helene Gallagher, Roberto Colon, Julia Cairo, John Kenny, Mila Ortiz

DECEASED

Margaret Whalen, Pablo Rosado Jr, Sofia Espinosa. Esther Marti

HAVE A SPECIAL PRAYER REQUEST?

Send us who or what needs a special prayer by using the Prayer Request feature on our new SFDS app—available in the Google Play or Apple App Store. Our parish prayer group will pray upon all submissions.

PRAYER IN A TIME OF PANDEMIC

O God of compassion, your people are anxious in this time of pandemic. Send your Holy Spirit among us to dispel our fears. We cry out to you in our confusion; comfort us in our affliction. Grant our leaders wisdom to guide us. Strengthen and sustain those who are ill, and be with those who care for them. Help us to travel this road in solidarity with our neighbors, with our eyes fixed on the salvation promised us through the death and resurrection of your Son, who is Lord forever and ever.

Amen.

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LET'S CONNECT



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REV. MATTHEW MALONE S.J.
REV. P. RODOLFO CASALS, SJ

SFDS + COMMUNITY

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QUE ENFRENTAN COVID-19**

About Us



We're **Invisible Hands**, a group of young volunteers offering free delivery of groceries, supplies, or whatever else you may need.

If you are elderly, immunocompromised or otherwise at-risk, please submit a request at

InvisibleHandsDeliver.com, and a volunteer will get what you need and bring the items right to your door. We want you to stay safe!

Payments for items can be made by calling the store and providing your information prior to the pick-up, via cash or check, or using PayPal/Venmo/Cash App/Zelle.



Somos "**Manos Invisibles**," un grupo de jóvenes voluntarios que ofrecen entrega gratuita de comestibles, suministros o cualquier otra cosa que pueda necesitar.

Si usted es mayor de edad, está inmunocomprometido o está en riesgo, envíe una solicitud a

InvisibleHands.com, y un voluntario le conseguirá lo que necesita y le llevará los artículos directamente a su puerta. ¡Queremos que te mantengas a salvo!

Los pagos de los artículos se pueden realizar llamando a la tienda y dando su información antes de la recogida, en efectivo o cheque, o utilizando PayPal/Venmo/Cash App/Zelle.

InvisibleHandsDeliver@gmail.com
(646) 784-5583 or (917) 359-1593

InvisibleHandsDeliver@gmail.com
(646) 784-5583 o (917) 359-1593

STEWARDSHIP & GIVING IN A TIME OF SOCIAL DISTANCE

One of the many implications of suspending all our masses and events to ensure the safety of our community from COVID-19 is that our regular in pew offerings will not be collected. This results in a drastic decrease of weekly/monthly income for the parish. Many folks are already participating in online giving and this has been a life line for us, Thank You! For those of you who have not signed up we ask that this be the time to make the switch so that we can continue to keep things going. For those who continue to use checking as a primary source we ask that you mail your offering to the parish. In whatever way you give we are profoundly grateful for your sacrifice. If financial constraints prevent you from giving at this time we understand. Know that you are a valued and beloved member of our community united to us in prayer. For those who can do a little more to make up for what others are unable to do presently we thank you! To make a one-time donation or to sign up for recurring donations, visit www.sfdsnyc.org/give or contact Lydia at: lydia@sfdsnyc.org and 646.526.9504.

LSA Family Health Services



FOOD PANTRY DRIVE



Our Food Pantry is in need of non-perishable, healthy food, such as:

- Rice
- Beans
- Cereal
- Canned Fruits
- Canned Vegetables
- Canned soups
- Peanut Butter
- Pasta
- Oatmeal
- Canned Meat or Fish

Thank you for your support!

333 East 115th Street, NY, New York 10029 | p. 646.672.5200

LATEST NEWS

STAY UP-TO-DATE ON EVERYTHING GOING ON AT SFDSNYC.ORG



A PARISH PROJECT: HELP US IDENTIFY OUR SENIORS

e-mail jayneporcelli@sfdsnyc.org

Here is a project that we need your help with: we are aware that we have elderly parishioners that may need a friendly phone call or a bit of help. The pastoral team knows people by their faces or by the Mass they attend, but we don't necessarily have everybody's phone number. (That's why we're actively working on putting together a new church management system.) If you know a senior citizen in the parish, could you e-mail Jayne at jayneporcelli@sfdsnyc.org with their name and phone number so that we can reach out?

SEND US YOUR PARISHIONER GENERATED CONTENT

How is this unprecedented period impacting you this Lenten season?

With most of you home practicing social distance, we want to know how you're doing. Do you have photos, videos, or stories that you would like to share? If so, please send them to lydia@sfdsnyc.org—whether it's a cooking demo, you reading your favorite children's book, a Lenten reflection, a prayer...we want to stay connected with you!

COMMUNITY RESOURCES: FOOD PANTRIES, FREE MEALS, ETC

www.sfdsnyc.org/blog/2020/3/23/food-pantries

In an effort to best serve our parish community, we've started to assemble a comprehensive list of social services offering COVID-19 relief uptown. If you're in need of assistance with food for yourself or your family, visit our website for a listing of food pantries that are currently open and serving. For details, visit our website or call the parish office.



SOCIAL DISTANCE SUNDAYS

"Virtual Frank's" @ 10am, noon, and 2pm en Español

Let's be social on Sundays via virtual Hospitality through Zoom meetings. Join us and check in with your regular mass group. Visit our homepage to link directly to the following meeting details.

Virtual Frank's for the 9am Mass will take place from 10-10:40am:

Join Zoom Meeting <https://zoom.us/j/852504686>

Meeting ID: 852 504 686

Virtual Frank's for the 11am Mass will take place from noon-12:40pm:

Join Zoom Meeting <https://zoom.us/j/717970368>

Meeting ID: 717 970 368

La hospitalidad virtual en español tendrá lugar de 2- 2:30pm:

Join Zoom Meeting <https://zoom.us/j/217899727>

Meeting ID: 217 899 727



CONNECT WITH FELLOW PARISHIONERS ON FACEBOOK

Feeling disconnected? We have THREE different groups on Facebook where parishioners can interact with each other. Unlike a Facebook page where only the account admins can post, Facebook groups allow any member to start a conversation, ask a question, or share news. Join us and start connecting from a safe social distance!

Young Adults (ages 21 through 40-something: www.facebook.com/groups/YoungAdultsSFDS)

Parents: www.facebook.com/groups/parentsofSFDS

RCIA (for current and former participants of our Catholic Initiation Process):

www.facebook.com/groups/RCIAgroup

LETTER FROM THE PASTOR

Dear Parishioners and Friends of St. Francis de Sales,

I hope all is well. As we approach the third Sunday in which we have not been able to gather as a community, I'm sure that you—like myself—are feeling the sense of loss. There are some among us who remember well the fast that the Church had mandated before the Second Vatican Council. Prior to receiving Holy Communion, you were obligated to fast from midnight until mass the next morning. This was to create a sense of preparation and anticipation for the great gift of the Eucharistic Jesus. We presently feel that sense of longing as we have been deprived of our Eucharistic banquet each Sunday. Unable to physically attend church on Sunday, we are called to find other ways to live Jesus in our present moment. I continue to discover the goodness of the Lord in each one of you who have been so solicitous to each another. Although we are unable to gather together as a Sunday assembly, the ties that bind us have not been broken. Our baptism has marked each one of us as part of the Body of Christ.

Each member is offering their sacrifice in a unique way. Those who are on the front lines—in hospitals and nursing homes, our public servants, and those who keep stores and supply chains moving—are uniting themselves with the celebration of the mass throughout the world. Parents and spouses, those who are single and those who live alone and suffering from a sense of isolation, are united in a desire to save lives by staying home, each one doing their part united to the whole. Thank you for your sacrifices and for your goodness.

These days can bring much anxiety. I invite you to take a step back and frame the current moment. What are the things you/we can do? What is out of our control? In terms of what we can do, there is prayer. Continue to lift up the parish, city, and world in your daily prayer. Pray for the courage and patience to live in the moment and trust radically in God's goodness. Reach out to family, friends, and neighbors through the phone and computer.

This is an ideal time to seek healing for grievances, to cultivate gratitude, and to let go of needless worry and anxiety. If the worry and anxiety become excessive, there are resources to help you through this difficult time which will continue to list on our website and social media platforms. Please feel free to reach out to me or any member of the parish by calling 212-289-0425 or by contacting us through our e-mails which are listed on our parish webpage: www.sfdsnyc.org/ourteam

We continue to keep the home fires burning here at the parish. Our staff is working remotely to ensure their safety and that of our community. Alberto, who is in charge of maintenance, continues to check on the buildings to make sure everything is running smoothly. In terms of the church being open for prayer, that decision is made on a day-by-day basis determined by what information we have from the state and Archdiocese. In the meantime, our prayerful presence continues here on East 96th Street.

I want to thank everyone who has been able to continue to financially support the parish. Your generosity is humbling. I would ask that if you can give and have not already signed up for electronic giving, to please do so now. It will allow us to keep a steady income so that the work of the parish may continue.

To sign up for regular online giving through Tithely (our third party automated gift-giving system), visit our parish website at www.sfdsnyc.org. There is a tab at the top right for "Giving." You can also go directly to this link: www.sfdsnyc.org/give. Once we begin to heal and recover from this pandemic, people are going to be wanting church perhaps more than ever before. We want to proactively do what we can to keep St. Francis de Sales going. Clearly, your generous giving is more important than ever.

We continue to assess the situation on a daily basis as to how we can be of help to our community. We are working closely with the Archdiocese as well as with so many who have partnered with us to ascertain ways for the church to assist you in the coming days and weeks. Surely food will be critical to the survival of many and we want to make sure that we are coordinating our efforts with our local food banks and social service agencies. We will need a best thinking model to face this challenge so collaboration will be essential.

Before I sign off, I would like to share with you the words of Julian of Norwich, an English mystic of the Middle Ages. She lived in a time of great uncertainty like our own—the Plague was raging and anxiety was a daily part of life. Julian herself was an anchorite (one who lives a solitary existence dedicated to prayer). You can see why she has relevance today. Her experience of prayer can best be summed up in these words of hers: "All will be well. All will be very well." To that we can say Amen.

*Peace,
Fr. Kelly*

ÚLTIMAS NOTICIAS & PRÓXIMOS EVENTOS

ENTÉRATE DE TODO LO QUE ESTÁ PASANDO EN SFDSNYC.ORG



UN PROYECTO PARROQUIAL: AYUDENOS A IDENTIFICAR A NUESTRAS MAYORES DE EDAD

e-mail jayneporcelli@sfdsnyc.org

Aquí hay un proyecto con el que necesitamos su ayuda: somos conscientes de que tenemos feligreses ancianos que pueden necesitar una llamada telefónica amigable o un poco de ayuda. El equipo pastoral conoce a las personas por sus rostros o por la misa a la que asisten, pero no necesariamente tenemos el número de teléfono de todos. (Es por eso que estamos trabajando activamente en la creación de un nuevo sistema de administración digital para nuestra iglesia.) Si conoce a una persona de la tercera edad en la parroquia, ¿podría enviar un correo electrónico a Jayne a jayneporcelli@sfdsnyc.org con su nombre y número de teléfono para que podamos llamarlos?

ENVÍANOS CONTENIDO GENERADO POR FELIGRESES ¿CÓMO TE ESTÁ AFECTANDO ESTE PERÍODO SIN PRECEDENTES DURANTE LA TEMPORADA DE CUARESMA?

Con la mayoría de ustedes en casa practicando la distancia social, queremos saber cómo les está yendo. ¿Tienes fotos, videos, o relatos que te gustaría compartir? Si es así, envíelos a lydia@sfdsnyc.org—ya sea una demostración de cocina, usted leyendo su libro infantil favorito, una reflexión cuaresmal, una oración ... ¡queremos seguir conectados con ustedes!

RECURSOS COMUNITARIOS: DESPENSAS GRATIS, PANTRIES DE ALIMENTOS, Y COMIDA PARA NIÑOS

www.sfdsnyc.org/blog/2020/3/23/food-pantries

Para servir mejor a nuestra comunidad parroquial, hemos comenzado a armar una lista completa de servicios sociales que ofrecen ayuda durante esta temporada de COVID-19 en lo alto de Manhattan. Si necesita ayuda con alimentos para usted o su familia, visite nuestro sitio web para obtener una lista de las despensas de alimentos que están actualmente abiertas y en servicio o llame a la oficina parroquial.



NUEVO GRUPO DEL SANTO ROSARIO DIGITAL

El Grupo Hispano ha comenzado a reunirse a través de la aplicación digital "Zoom" para rezar el Rosario. Únase a nosotros: envíe un mensaje de texto al 646 526 9504 para obtener detalles para conectarse a nuestro grupo de Rosario.



DOMINGOS DE DISTANCIA SOCIAL

"Frank's Cafe Virtual" @ 10am, noon, y 2pm en Español

Seamos sociales los domingos a través de reuniones de Zoom. Únase a nosotros para participar en un encuentro en español. Visite nuestra página web para el enlace de los siguientes detalles para unirse.

La hospitalidad virtual en español tendrá lugar de 2- 2:30pm:

Join Zoom Meeting <https://zoom.us/j/217899727>

Meeting ID: 217 899 727

ÚNASE A NUESTRO NUEVO GRUPO DE TEXTO EN ESPAÑOL

¿Te sientes desconectado? Tenemos un grupo nuevo en español para mandar textos con información y noticias sobre nuestra parroquia ¡Únete a nosotros y comienza a conectarte desde una distancia social segura! Envía un correo electrónico o llama a Lydia para unirte: lydia@sfdsnyc.org o 646.526.9504.

UNA CARTA DEL PASTOR

Estimados Feligreses y Amigos de San Francisco de Sales,

Espero que todo esté bien. A medida que nos acercamos al tercer domingo en el que no hemos podido reunirnos como comunidad, estoy seguro de que ustedes—como yo—están sintiendo la sensación de pérdida. Hay algunos entre nosotros que recuerdan bien el ayuno que la Iglesia había ordenado antes del Segundo Concilio Vaticano. Antes de recibir la sagrada Comunión, estaba obligado a ayunar desde la medianoche hasta la misa de la mañana siguiente. Esto fue para crear un sentido de preparación y anticipación para el gran regalo del Jesús eucarístico. Actualmente sentimos esa sensación de nostalgia ya que nos hemos visto privados de nuestro banquete eucarístico dominical. Incapaz de asistir físicamente a la iglesia los domingos, estamos llamados a encontrar otras formas de vivir a Jesús en nuestro momento presente. Sigo descubriendo la bondad del Señor en cada uno de ustedes que han sido tan solícitos el uno con el otro. Aunque no podemos reunirnos como una asamblea dominical, los lazos que nos unen no se han roto. Nuestro bautismo nos ha marcado a cada uno de nosotros como parte del Cuerpo de Cristo.

Cada miembro ofrece su sacrificio de una manera única. Aquellos que están en primera línea—en hospitales y hogares de ancianos, nuestros servidores públicos y aquellos que mantienen en movimiento las tiendas y las cadenas de suministro—se están uniendo a la celebración de la misa en todo el mundo. Los padres y los cónyuges, los solteros y los que viven solos y sufren una sensación de aislamiento, están unidos en un deseo de salvar vidas al quedarse en casa, cada uno haciendo su parte unido al todo. Gracias por tus sacrificios y por tu bondad.

Estos días pueden traer mucha ansiedad. Los invito a dar un paso atrás y enmarcar el momento actual. ¿Cuáles son las cosas que usted/nosotros podemos hacer? ¿Qué está fuera de nuestro control? En términos de lo que podemos hacer, hay oración. Continúa elevando la parroquia, la ciudad y el mundo en tu oración diaria. Ore por el coraje y la paciencia para vivir el momento y confiar radicalmente en la bondad de Dios. Comuníquese con familiares, amigos y vecinos a través del teléfono y la computadora.

Este es un momento ideal para buscar la cura de las quejas, cultivar la gratitud, y dejar de lado la preocupación y la ansiedad innecesaria. Si la preocupación y la ansiedad se vuelven excesivas, existen recursos para ayudarlo durante este momento difícil que estamos compartiendo en nuestro sitio web y en nuestras plataformas de redes sociales. No dude en comunicarse conmigo o con cualquier miembro de la equipo pastoral llamando al 212-289-0425 o comunicándose con nosotros a través de nuestros correos electrónicos que figuran en el sitio web de nuestra parroquia: www.sfdsnyc.org/ourteam

Continuamos manteniendo la parroquia. Nuestro equipo pastoral esta trabajando de forma remota para garantizar su seguridad y la de nuestra comunidad. Alberto, que está a cargo del mantenimiento, continúa revisando los edificios para asegurarse de que todo funcione sin problemas. En términos de que la iglesia está abierta a la oración, esa decisión se toma día a día, determinada por la información que tenemos del estado y la Arquidiócesis. Mientras tanto, nuestra presencia de oración continúa aquí en la calle 96.

Quiero agradecer a todos los que han podido continuar apoyando financieramente a la parroquia. Tu generosidad es una experiencia que me llena de humildad. Le pediría que si puede dar y no se ha registrado para hacerlo en línea, que lo haga ahora. Nos permitirá mantener un ingreso estable para que el trabajo de la parroquia pueda continuar.

Para inscribirse en donaciones regulares en línea a través de Tithely (nuestro sistema automatizado de donaciones), visite nuestro sitio web de la parroquia en www.sfdsnyc.org. Hay un botón en la esquina superior derecha que dice "Dar". También puede ir directamente a este enlace: www.sfdsnyc.org/give. Una vez que comencemos a sanar y recuperarnos de esta pandemia, la gente querrá la iglesia tal vez más que nunca. Queremos hacer de manera proactiva lo que podamos para mantener a San Francisco de Sales en marcha. Claramente, su generosa donación es más importante que nunca.

Continuamos evaluando la situación diariamente en cuanto a cómo podemos ayudar a nuestra comunidad. Estamos trabajando de cerca con la Arquidiócesis, así como con muchos de los que se han asociado con nosotros para determinar las formas en que la iglesia puede ayudarlo en los próximos días y semanas. Seguramente los alimentos serán críticos para la supervivencia de muchos y queremos asegurarnos de que estamos coordinando nuestros esfuerzos con nuestros despensas de alimentos locales y agencias de servicios sociales. Necesitaremos un mejor modelo de pensamiento para enfrentar este desafío, por lo que la colaboración será esencial.

Por último, me gustaría compartir con ustedes las palabras de Julián de Norwich, una mística inglés de la Edad Media. Ella vivió en una época de gran incertidumbre como la nuestra: la Peste estaba en su apogeo y la ansiedad era una parte cotidiana de la vida. Juliana misma era una anacoreta (una que vive una existencia solitaria dedicada a la oración). Puedes ver por qué tiene relevancia hoy. Su experiencia de oración se puede resumir mejor en estas palabras suyas: "Todo estará bien. Todo estará muy bien ". A eso podemos decir Amén.

*Paz,
Padre Kelly*

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drinks a cup
of ADVERTISED coffee
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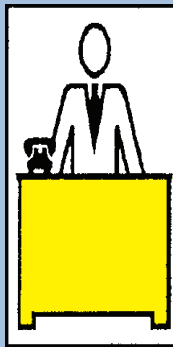
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